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"Together We Achieve"

1 May 2020
Issue 4

Principal's Message **Mr Stephen Bevan**

WEEK 1 TERM 2

Dear Parents and Carers,

Welcome back

It has been wonderful to welcome back approximately 60% of our students after the extended break. We believe that the sooner we can return to normal operations the better. Our thanks go to all of our community for the way you have supported us during the COVID-19 pandemic. Our staff have worked hard to provide the best and safest learning environment for our students whether they be at school or doing learning from home. We will continue to follow the advice of the State Government and the Department of Education in order to provide for the needs of all our students.



Health and Safety COVID-19

The Department of Education has put in place a number of measures to ensure the health and safety of our staff and students. One of these is that parents are not allowed to come on to the school grounds. This means that parents who wish to meet a teacher or member of Admin will need to arrange a time for a phone conversation. Another measure has been the increase to our cleaning time and schedule. Our cleaners have been doing a wonderful job ensuring high traffic/touch areas are regularly cleaned. Parents and carers can be confident that we are providing a very safe environment for all students during the pandemic.

School Restructure

Yesterday we announced that we are restructuring our classes. This will impact many students as they will be moving rooms and teachers. This change is necessary as we need to create more room in classes that have become full. New schools often need to restructure classes as they are situated within quickly growing suburbs such as Banksia Grove. Parents and carers should remember that more than one of these restructures may be required, depending on new enrolments during the year.

We appreciate that this restructure will be unsettling for students but we will work to transition and support every student who will be moving classes. If your child is moving classes, you would have received an email yesterday. To help with the transition it is essential that you remain positive and encourage your child to settle as smoothly and quickly as possible.

Student Leaders

Our newly appointed Student Leaders were announced this week. The student leadership team includes Student Councillors and Faction Captains. The selection process started in Term One with interested students submitting a nomination form and presenting a speech to their peers. Students then had an opportunity to say who they preferred through a voting process. Staff used this information to select the successful candidates. We congratulate the following students who now have the privilege of being student leaders in our foundation year.

Student Councillors: Ashleigh Barugh, Annabel Lovell, Owen Holt and Rathsmeay Keo

Karda Faction Captains: Aly Sow and Anastasia Smith

Koolbardi Faction Captains: Ibrahim Kabba and Jaxon Dear

Yongka Faction Captains: Kate Williamson and Sienna Perks

Maali Faction Captains: Taylor Day and Tuhoe Lingman

School Board

The election process for the two vacant parent positions was conducted last term. We apologise for the delay and we will announce the result as soon as we can.

Uniform Reminder

We had quite a few students who took their school hat home over the holidays and forgot to bring it back. The school hat is an important part of our school uniform so we ask that parents please ensure it comes back to school next week. Lowes has told us that there will hopefully be a supply of school hats available for purchase by June.

Another essential part of the school uniform is a navy blue jacket or jumper. Lowes supplies a smart looking jacket which has our school logo on it.



If you are not able to purchase this jacket than students are permitted to wear a plain navy blue jacket or jumper. Please do not send students with jackets or jumpers of a different colour or with slogans/pictures on them. Hoodies are not permitted at school.

Have a great weekend everyone.

Regards,

Mr Stephen Bevan, PRINCIPAL

“Start where you are. Use what you have. Do what you can.”

Arthur Ashe

School Psychologist Ms Emme Viney

Returning to School: Helping your child deal with worry and stress

As we return to a new school term, your child may be feeling a bit worried about returning to school. Here are some tips to help them get back into it.

1. Get back into a routine
 - a. Set bed times, helping your child to pack their bag or choose their lunch as well as preparing their uniform are all small things that can be done each day to establish their school routine.
2. Talk with your children about how they are feeling.
 - a. It is important to listen to and reassure your child about any worries they may have. Answering their questions as honestly as possible may help to address their fears and reduce anxiety.
3. Provide details.
 - a. Giving your child details about their day can be calming and reassuring to them. Talk them through their day; where you will drop them off and pick them up.
4. Praise brave behaviour
 - a. Tell your child how proud you are they went to school and ask them to tell you two good things that happened in the day.
5. Remind them what they like about school
 - a. This could be their teacher, a particular subject, playing with friends.
6. Reflect on how you are feeling.
 - a. Children pick up on their parent's emotions rather easily. Modelling calm behaviour and tone of voice can help reassure the child there is nothing to worry about.

If you feel your child may be struggling with stress or anxiety, please reach out to our Deputy Principal, Trudy Jones, to discuss accessing Grandis Student Support Services such as the Chaplain or School Psychologist.

Chaplain Corner Mrs Mandy Rozbicki

Hi Everyone,

What a great start to Term 2. Everyone has been so welcoming, kind and respectful during my first week here. If we haven't had a chance to meet yet because you've been learning from home, I look forward to meeting you! I want to let you know that I am here to support you and your children should you require it. On Wednesdays, I will be working with students in classroom alongside classroom teachers and available for individual catch up with students should you request it. I am also available to support parents and care-givers via phone conversation.



During this time of physical distancing it can be easy to feel lonely or even sometimes a little anxious. A great activity is to take a moment at the end of each day to reflect on the positive things that happened or things you are grateful for - you could even write them down. You'll be amazed at how many things you are thankful for and how quickly you feel better!

An amazing resource is the Smiling Minds app, this is a free mindfulness app that you can use on your phone or computer. It has a brand new program for families to do together whilst at home!
<https://www.smilingmind.com.au/smiling-mind-app>

Again any concerns please feel free to email me at Amanda.rozbicki@youthcare.org.au.

Regards,

Mandy, Chaplain.

Other Important Messages

P & C

A big THANK YOU to everyone for donating items and purchasing raffle tickets in the Easter raffle last term. We had a great response, and hope everyone had a great Easter.



We will be kicking off this term with Expression Tea Towel fundraiser 😊 We will be asking all students in the school to draw a self portrait and submit to the P&C so we can design our school tea towel in the next few weeks. Once our design is completed, we will be offering them for you to purchase. We would love all students to draw their self portrait even if you will not be purchasing a tea towel, because this will be a record of our foundation students for years to come. More details will follow shortly about the size of self portrait and how to get it to the P&C.





Child and Parent Centre Banksia Grove

The Child and Parent Centre in Banksia Grove are holding two parent information sessions facilitated by the DoE School Psychologists this term. See below flyers for more information.

- **'Triple P Seminar 1: Power of Positive Parenting'** delivered in **two parts**, Tuesday 5 & Wednesday 6 May, 12.30pm to 2.00pm
- **'Establishing Routines during Isolation'** Tuesday 12 May, 10.00am to 11.30am

The sessions will be delivered via Webex.



Power of Positive Parenting




Seminar 1: Positive Parenting Program
For parents/carers with children aged up to 8 years.
This is a **live online session** facilitated by School Psychologists via Webex.



Explores the 5 key principles of positive parenting:

- ✓ ensuring a safe and engaging environment
- ✓ creating a positive learning environment
- ✓ using assertive discipline
- ✓ having reasonable expectations
- ✓ looking after yourself as a parent


Tuesday 5 (part 1) & Wednesday 6 May (part 2) 2020
12.30pm to 2.00pm
Bookings essential via phone or email
Further information will be provided to you when you register for this online Webex session

Child and Parent Centre – Banksia Grove, 14 Viridian Drive, Banksia Grove
www.childandparentcentres.wa.edu.au/banksia-grove/ | 9367 0964 | banksiagrove@ngala.com.au

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Routines during Isolation




Do you feel like you just can't get the things done that you need to while your family is in home isolation? Keeping some normal daily routines for children make it easier for children to thrive during different events.
This session will give you some ideas on how to set up and implement family routines.

This is a **live online session** facilitated by School Psychologists via Webex.

Tuesday 12 May 2020
10.00am to 11.30am
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In partnership with  *Raising Happiness*

Camp Australia

We're here for you, as you're here for us.

Welcome back to everyone after a well-deserved term break. Whether you're learning from home, or here at school, we look forward to a new and improved Term 2. We thank you for all your continued support and patience through these challenging times.

We understand Outside School Hours Care is vital for many parents that are not able to work from home, so that you can continue to provide essential work for the nation. Our OSHC service is open and operating for those that need our care, and will provide your children with much-needed familiarity and continuity through our engaging programs that have an increased focus on hygiene and social distancing. We offer a safe environment at your school for children to get active, try new things, connect with friends and relax.

As per the recent State Government advice, from Wednesday 29th April, public schools are open for all students whose parents or carers choose to send them to school. Parents can choose whether their children return to school for face-to-face teaching or learn from home. For families who require care, childcare will be provided free of charge until 30th June as per the Federal Government's announcement on the 2nd April.

Whilst care is free, we still need to know if you are coming. We ask that you get your bookings in as soon as you can, so that we can staff and resource the service appropriately, to best care for your children.



It's FREE to Register. (and if you want to use OSHC, you first need to register).

Register at pp.campaustralia.com.au/account/login. Once registered, it's easy to make and manage your bookings online via our Parent Portal.

Visit our blog for helpful information and fun activities.

New articles are added each week for parents and cover various topics to help families. This month we are focusing on all things COVID-19. We talk about how to adjust to the changes you've made in your household, including fun activity ideas to entertain your child at home. Visit the blog here: <https://campaustralia.com.au/blog>

Term 2 Events for Your Diary

Please note that activities and dates may change. Changes will usually be communicated via the SchoolStream app.

29 April	Students return to school for Term 2
29 May	STAFF DEVELOPMENT DAY – STUDENTS DO NOT ATTEND
01 June	W.A. DAY PUBLIC HOLIDAY
03 July	Last day of Term 2
20 July	STAFF DEVELOPMENT DAY – STUDENTS DO NOT ATTEND
21 July	Students first day of Term 3

We Are Grandis!